



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Job Title: **RYE YMCA Water Exercise Instructor Job Posting**
FLSA Status: Non-Exempt / Part-Time
Posting Date: July 3, 2023

POSITION SUMMARY:

The Y is a leading nonprofit for strengthening community, and the nation's larger provider of swim lessons to increase skill and safety in and around water. This position provides direct leadership, instruction and motivation for students in swimming classes. Must be able to communicate effectively while demonstrating Y Core Values of caring, honesty, respect and responsibility.

ESSENTIAL FUNCTIONS:

1. Organize and lead participants through a group exercise class in the water
2. Exudes enthusiasm and imagination while teaching. Offers positive feedback, constructive corrections and encouragement to participants. Makes class fun and rewarding.
3. Has knowledge of emergency procedures, as well as basic departmental procedures. Works cooperatively with lifeguard and other staff members in the event of an emergency.
4. Maintains certifications and seeks additional training opportunities.
5. Secures approved, certified substitute and notifies appropriate supervisor of substitute. Provides lesson plan for substitute.
6. Prepare for class and provide for safety of class through sound teaching methods and maintenance of good discipline and class control.
7. Motivate members and provide a safe and properly instructed environment.
8. Understands, upholds and enforces all pool rules and regulations regarding supervision, safety and sanitation.
9. Responsible for restoring all equipment and for maintaining a clean pool deck, free of equipment.
10. Reports immediately any accidents, rescues, potential dangers, incidents etc. in writing to the Aquatics Leadership.
11. Attends staff meetings and training sessions as designated by the Aquatics Leadership.

QUALIFICATIONS:

- Water Exercise Certification (AEA, USWFA, Water In Motion – all acceptable)
- Must be able to demonstrate swim instructor skills in accordance with YMCA standards
- First Aid and CPR certifications must be current
- At least one (1) year experience in health and fitness is preferred
- Ability to work effectively with diverse populations

PHYSICAL DEMANDS:

Ability to instruct and observe participants in proper stroke techniques. Ability to lift equipment.

WATER EXERCISE INSTRUCTOR JOB DESCRIPTION