



RYE Y CAMP NEW CIT APPLICATION -> 2026



Please check off EACH item prior to submitting your application.

STEP ONE

- Both pages of the application are complete.
Please print as clearly as possible.

- TWO (2) Complete Reference Forms submitted.
They can be from anyone that can best speak to your character but should have known you for at least one year. Please have the reference form placed in a sealed and signed envelope. You may use the attached reference form or a personalized letter.

- Indicate which camp you wish to be with.
You will need to determine now as we only conduct one interview.

STEP TWO

1. Place both the application and two letters of reference into an envelope.
2. Please address and return to: Kathy Lynam, Vice President- Child Care
3. Either mail or drop-off to the Rye YMCA (21 Locust Avenue, Rye, NY 10580)

You will be contacted within two weeks by one of our Camp Directors. Candidates will be notified of further details including the acceptance process, interviews, schedules and training during the next few steps. Availability and schedules are not needed at this time.



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Dear CIT Candidate,

Before you begin completing your application be sure to read this letter.

Please note that: all CIT candidates must be currently enrolled in their freshman or sophomore year of high school.

At the Rye YMCA, we take the Counselor in Training (CIT) Program very seriously. We believe the future of our camps lie within you. We will train you and give you the tools necessary to one day become a great counselor. You will be the one who determines how these tools are used. Whether you have been a camper before or this is your first experience with us, we believe you have the potential to be a great asset to the Rye YMCA.

Please understand if you are accepted into the CIT Program you are no longer a “camper”. This means from the moment you accept this position, you will need to be a positive role model at camp, at the YMCA, and in the community. While you are no longer a “camper”, you are also not yet a counselor. Throughout the summer, you will be working with the Camp Leadership Team on team building, activity planning, role modeling, problem solving and supervision. The other part of your CIT experience will be working within an assigned group of campers and staff. This will give you the chance to implement the skills you learned from the planning time with the Camp Leadership Staff and peers. As a CIT, you are a representative of the YMCA – both while at camp, but also within the community. Being a CIT at the Rye YMCA is an honor and something the community views as an important leadership role.

I hope after you have read this letter, you’re still interested in being a CIT and understand how important your role is to us. Acceptance to the program is based off of this application and your letters of recommendation. Follow up interviews will be arranged by the team that reviews your application.

Thank you for your interest in becoming a Rye Y Camp CIT.

Sincerely,

Kathy Lynam
Vice President- Child Care



RYE Y CAMP

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We have a limited number of CIT openings. We accept the strongest candidates who are the most qualified and that demonstrate a desire to learn and grow as both counselors and leaders in our community. Please note that CIT positions do not guarantee a paid-position as staff in following years.

CIT Candidate's Name	Age	Current grade in school
Address:		
Cell Phone	Home Phone	
Email	School	

Please circle below all camps you are interested in...

<p>DISCOVERY Campers ages 4-12 9am-4pm @ Osborn School <i>A traditional day camp with arts & crafts, games, swim lessons, trips and more.</i></p>	<p>SPORTS CAMP Campers ages 5-12 9am-4pm @ Osborn School <i>A day camp for sports enthusiasts that focuses on individual and team skills.</i></p>	<p>KINDER CAMP Campers ages 3-6 8:30am-4pm @ Rye Y Or 8:30am- 12pm @ Rye Y <i>An entry-level day camp designed for our youngest campers.</i></p>
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1. There are a lot of things you could do this coming summer, why did are you interested in being a CIT with us?
2. How do you think being a CIT is different from being a camper?
3. Please give an example of how you handle situations that become overwhelming?
4. Please list any clubs, groups, organizations, jobs, sports or activities that you have participated in.
5. Please denote any experience you may have working/volunteering with ages 4-10?
6. Is there any other information that you would like us to know?

I have read and answered the questions above and feel that my participation as a CIT will enhance the Rye Y programs.

CIT Candidate's Signature

Date

Parent's Signature

Date



RYE Y CAMPS CIT REFERENCE FORM – 2026

CIT Candidate's Name: _____

The above-named candidate has applied to be a Counselor-In-Training (CIT) at our summer day camp. We take great care when choosing our CITs as they serve an integral role as both a camper AND a role model for our younger campers. Your honesty is appreciated as it will guide us in our decisions. Thank you!

Please check a box for each character quality. 1=Great! 2=Meets standards 3=Needs improvement

	1	2	3	COMMENTS:
Caring				
Honesty				
Respect				
Responsibility				
Enthusiastic				
Energetic				
Team player				
Creative				
Emotional Maturity				

How long and in what capacity do you know the candidate?

In what ways do you believe the candidate would serve as a care giver for children in a day camp setting?

How is the candidate a good role model?

Would you recommend the candidate for this opportunity?

Reference's Name: _____

Signature/date: _____

Email or phone (for any follow-up questions we might have): _____

Please return to CIT candidate in sealed envelope. **THANK YOU!**



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